

Treynor

Activities Department



Student/Parent

Guidebook

Treynor High School Activities Department

Treynor High School is a member of the Iowa High School Athletic Association and the Iowa Girls High School Athletic Union. We will abide by the rules and regulations set forth by these two organizations for their member schools. We feel strongly that involvement in all activities is a part of the educational experience, and helps to teach lifelong characteristics that we be able to be used each and every day of our adult lives. Every coach in our programs is dedicated to winning, however, they are also encouraged and reminded to keep things in their proper perspective and make sure we are teaching lessons that can be used for a lifetime as well.

Being a parent is, no doubt, often very challenging. This effort and responsibility is frequently complicated by being a parent of an athlete. This guidebook, with its guidelines and suggestions, will give you some insights into this responsibility. The members of our activities department do not claim to know everything about being a parent. Many of us fill those shoes every day as well. However, with many years of experience in this field, we may be able to offer some insight into what helps make your student-athletes experience in athletics the most positive, and rewarding experience we can offer.

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Concussion

- Each athlete will submit to the HS Office before the first day of practice a signed, by the student and parent/guardian, Concussion Fact Sheet
- No student should return to play/competition or practice on the same day she/he sustained a concussion or brain injury, but a licensed health care provider makes the final decision
- A licensed healthcare provider should evaluate a student suspected of having a concussion on the same day the injury occurs
- After receiving medical clearance by a licensed healthcare provider should follow a stepwise protocol with provisions for delayed return to play based upon the return of any signs or symptoms

Physical Forms

- Each athlete will submit to the HS Office before the first day of practice a completed and signed by doctor, athlete and parent physical form

Insurance Form

- Each athlete will submit to the HS Office before the first day of practice

Attendance **Treynor Student Handbook pg. 10**

- The Treynor High School Attendance Policy states that parents of students who have at least 5 or 10 undocumented absences during the school year will receive an attendance-warning letter informing them that their child is on the verge of having attendance issues.
- Parents of students with at least 15 undocumented absences during the school year will receive a letter informing them that their child is having attendance issues and that an Attendance Hearing needs to be held at their earliest convenience. At that time an attendance contract will be entered into. If the attendance issue then is not corrected the issue may then be referred to an Attendance Mediator for truancy.
- Documented Absences: A documented absence is an absence that has supporting documentation such as an appointment that is considered unavoidable (Doctor, Dentist and etc.).
 - Other examples of documented absences are: college visits, and a death in the immediate family.
- An absence with a parent note for illness, vacation, personal reasons, and etc. are considered an undocumented absence.
- The Principal is responsible for the interpretation of documented versus undocumented absences.
- Student Absences: Parents are requested to notify the principal's office (487-3804) by 9:00 when students are not going to be in school.
- Truancy:

- In Iowa, truancy is defined as “any child over seven and under sixteen years of age, in proper physical and mental condition to attend school, who fails to attend school regularly, without a reasonable excuse for their absence, shall be deemed a truant.”
- Parents who fail to ensure their child is in school may have charges filed against them under the “child in need of assistance” provision of the state.
- **Compulsory Attendance:**
 - Parents within the school district who have children over age six and under age sixteen by September 15, in proper physical and mental condition to attend school, shall have the children attend the school district at the attendance center designated by the board.
 - Students shall attend school the number of days that school is in session in accordance with the school calendar.
 - Students of compulsory attendance age shall attend school a minimum of 175 days. Students not attending the minimum days must be exempted by this policy as listed below or, for students in grades 7-12, referred to the county attorney or, for students in grades K-8, referred to the Attendance Cooperation process.
 - Exceptions to this policy include children who: *have completed the requirements for graduation in an accredited school or have obtained a high school equivalency diploma; *are attending religious services or receiving religious instruction; *are attending an approved or probationally approved private college preparatory school; *are attending an accredited nonpublic school; or, *are receiving competent private instruction. It is the responsibility of the parent of a child to provide evidence of the child’s mental and physical inability to attend school or of the child’s qualifications for one of the exceptions listed above.

Academic Eligibility

Treynor Student Handbook pg. 15

- Students must not be failing any subject on mid-quarter, quarter, or semester reports. Students who do not meet this requirement are not allowed the privileges of participating in extracurricular activities.
- If a student is failing any class for the mid-quarter or quarter, the student is ineligible for a minimum of two calendar weeks. If the student is passing the failed course(s) after that time, he/she regains eligibility.
- If a student is not passing all courses at the end of a final grading period, that student is ineligible for first period of 30 consecutive calendar days in the interscholastic athletic event in which the student is a contestant. There is not requirement that the student competed in the sport previously. (Students in baseball or softball have the same penalty as all other students.) However, the student must finish the season in good standing for the eligibility to take effect during the next season. (Ex: If a student decides to play softball then she must finish the whole season in good standing so that she is able to participate and be eligible for volleyball.)
- The ineligibility period shall continue from one season or activity to a second if necessary to complete the weeks of the sanctions described above. Activities under this rule include but are not limited to: all athletic activities, jazz band, jazz choir, speech/drama, musical, dance team, and cheerleading.

Good Conduct Policy **Treynor Student Handbook pg. 15**

- Extracurricular activities in the Treynor Community School District are an integral part of the total education of students and are a privilege, not a right.
- Good conduct is an expectation of students who represent the Treynor Community Schools in all extra-curricular activities and school-sponsored organizations.
- Therefore, all students in grades seven (7) through (12) whose actions, habits, or conduct would degrade or be detrimental to the ideals, principles or standards of the school shall be subject to being declared ineligible by the building principal or activities director.
- **FIRST OCCASION:** Student may be ineligible for up to four calendar weeks commencing with the Monday preceding the first scheduled contest/performance in which he or she participates. Penalties may include, but are not limited to, detention, suspension, and/or expulsion.
- **SECOND OCCASION:** Student may be ineligible for up to six calendar weeks commencing with the Monday preceding the first scheduled contest/performance in which he or she participates. Penalties may include, but are not limited to, detention, suspension, and/or expulsion.
- **THIRD OCCASION:** Student may be ineligible for up to twelve calendar weeks commencing with the Monday preceding the first scheduled contest/performance in which he or she participates. Penalties may include, but are not limited to, detention, suspension, and/or expulsion.
- The ineligibility period shall continue from one season or activity to a second if necessary to complete the weeks of the sanction described above. Commencing with the Monday preceding the first scheduled event of the next season or activity in which the student participates.
- Activities under this rule include but are not limited to all athletic activities, jazz band/choir, speech/drama, yearbook, musical, drill team, cheerleading, student council, National Honor Society, Homecoming court, and Prom court.
- The principal is responsible for pronouncing the ineligibility and informing the parties involved including the student's parents. First, second, and third occasion apply to total school years eligibility and not to only an annual interpretation as it pertains to this policy.

Drug, Alcohol and Tobacco Policy **Treynor Student Handbook pg. 16**

- A student will be declared ineligible for interscholastic competition if he or she has been found to have committed, observed committing by a school employee, or admitted to committing any of the following at any time regardless of age:
- Consuming, using, or possessing alcoholic beverages; Illegal drugs; Drug paraphernalia; Legal drugs not prescribed to you; Tobacco or nicotine use / possession, including the use of look-a-likes such as an e-cigarette.
- All Treynor students are expected to be honest and to take responsibility for their actions. The following consequences will be imposed when a student chooses to speak with a Treynor school administrator, athletic director, or guidance counselor within 48 hours of the incident and admit the mistake he or she made.
 - **FIRST OCCASION:** The Student will be ineligible for three calendar weeks commencing with the Monday preceding the first scheduled activity* in which he or she participates.

- SECOND OCCASION: Student will be ineligible for five calendar weeks commencing with the Monday preceding the first scheduled activity* in which he or she participates. The student must submit to professional counseling by certified personnel. The student and/or parents are responsible for any expenses, scheduling this in a timely fashion, and providing the school with documentation of successful completion.
- THIRD OCCASION: Student will be ineligible for one calendar year commencing with the Monday preceding the first scheduled activity* in which he or she participates. The student must submit to professional counseling by certified personnel. The student and/or parents are responsible for any expenses, scheduling this in a timely fashion, and providing the school with documentation of successful completion.
- * Preseason events, “soap” scrimmages, jamborees, etc. are NOT counted as a scheduled activity.
- If a student is found to have committed any of the infractions described above and chooses to not self report it within 48 hours of the infraction, the following consequences will be imposed:
 - FIRST OCCASION: The Student will be ineligible for five calendar weeks commencing with the Monday preceding the first scheduled activity* in which he or she participates.
 - SECOND OCCASION: Student will be ineligible for seven calendar weeks commencing with the Monday preceding the first scheduled activity* in which he or she participates. The student must submit to professional counseling by certified personnel. The student and/or parents are responsible for any expenses, scheduling this in a timely fashion, and providing the school with documentation of successful completion.
 - THIRD OCCASION: Student will be ineligible two calendar years commencing with the Monday preceding the first scheduled activity* in which he or she participates. The student must submit to professional counseling by certified personnel. The student and/or parents are responsible for any expenses, scheduling this in a timely fashion, and providing the school with documentation of successful completion.
- * Preseason events, “soap” scrimmages, jamborees, etc. are NOT counted as a scheduled activity.
- If an infraction takes place after practice has begun for an activity in which the student elected not to participate, he or she may not then join that activity. The ineligibility would begin with the next season in which the student participates.
- The ineligibility period shall continue from one season or activity to a second if necessary to complete the weeks of the sanction described above. Commencing with the Monday preceding the first scheduled event of the next season or activity in which the student participates.
- Activities under this rule include but are not limited to all athletic activities, jazz band/choir, speech/drama, yearbook, musical, drill team, cheerleading, student council, National Honor Society, Homecoming court, and Prom court.
- The principal is responsible for pronouncing the ineligibility and informing the parties involved including the student’s parents. First, second, and third occasion apply to total school eligibility and not to only an annual interpretation as it pertains to this policy.

- All contestants must be enrolled and in good standing in a school that is a member or associate member in good standing of the organization sponsoring the event.
- All contestants must be under 20 years of age.
- All contestants shall be enrolled students of the school in good standing.
 - They shall receive credit in at least four subjects, each of one period or “hour” or the equivalent thereof, at all times.
 - To qualify under this rule, a “subject” must meet the requirements of 281—Chapter 12. Coursework taken from a postsecondary institution and for which a school district or accredited nonpublic school grants academic credit toward high school graduation shall be used in determining eligibility.
 - No student shall be denied eligibility if the student’s school program deviates from the traditional two-semester school year.
 - (1) Each contestant shall be passing all coursework for which credit is given and shall be making adequate progress toward graduation requirements at the end of each grading period. Grading period, graduation requirements, and any interim periods of ineligibility are determined by local policy. For purposes of this subrule, “grading period” shall mean the period of time at the end of which a student in grades 9 through 12 receives a final grade and course credit is awarded for passing grades.
 - (2) If at the end of any grading period a contestant is given a failing grade in any course for which credit is awarded, the contestant is ineligible to dress for and compete in the next occurring interscholastic athletic contests and competitions in which the contestant is a contestant for 30 consecutive calendar days.
- A student with a disability who has an individualized education program shall not be denied eligibility on the basis of scholarship if the student is making adequate progress, as determined by school officials, towards the goals and objectives on the student’s individualized education program.
- A student who meets all other qualifications may be eligible to participate in interscholastic athletics for a maximum of eight consecutive semesters upon entering the ninth grade for the first time. However, a student who engages in athletics during the summer following eighth grade is also eligible to compete during the summer following twelfth grade. Extenuating circumstances, such as health, may be the basis for an appeal to the executive board which may extend the eligibility of a student when the executive board finds that the interests of the student and interscholastic athletics will be benefited.
- All member schools shall provide appropriate interventions and necessary academic supports for students who fail or who are at risk to fail, and shall report to the department regarding those interventions on the comprehensive school improvement plan.
- A student is academically eligible upon entering the ninth grade.
- A student is not eligible to participate in an interscholastic sport if the student has, in that same sport, participated in a contest with or against, or trained with, a National Collegiate Athletic Association (NCAA), National Junior College Athletic Association (NJCAA), National Association of Intercollegiate Athletics (NAIA), or other collegiate governing organization’s sanctioned team. A student may not participate with or against high school graduates if the graduates represent a collegiate institution or if the event is sanctioned or sponsored by a collegiate institution. Nothing in this sub rule shall preclude a student from participating in a one-time tryout with or against members of a college team with permission from the member school’s administration and the respective collegiate institution’s athletic administration.

- No student shall be eligible to participate in any given interscholastic athletic sport if the student has engaged in that sport professionally.
- The local superintendent of schools, with the approval of the local board of education, may give permission to a dropout student to participate in athletics upon return to school if the student is otherwise eligible under these rules.
- Remediation of a failing grade by way of summer school or other means shall not affect the student's ineligibility. All failing grades shall be reported to any school to which the student transfers.

Non-School Team Participation

IHSAA Handbook pg. 28

- A high school student who participates in school-sponsored athletics may participate in a non-school-sponsored sport during the same season with approval of the superintendent. Such outside participation will not conflict with the school-sponsored athletic activity.

Awards

IHSAA Handbook pg. 24

- A student will be permitted to receive from the student's school, another secondary school, a registered organization, or the host of an event sanctioned by a registered organization, for participation in an interscholastic athletic program, an award whose value cannot exceed \$50.
- Awards for participation in school programs from an individual or organization other than a secondary school or registered organization.
 - No student shall receive any award from an individual or outside organization, for high school participation while enrolled in high school, except that nothing in this sub rule shall preclude the giving of a complimentary dinner by local individuals, organizations, or groups, with approval of the superintendent, to members of the local high school athletic squad.
- No student shall accept any trip or excursion of any kind by any individual, organization, or group outside the student's own school or the governing organization, with the exception of bona fide recruiting trips that meet NCAA requirements.
- Nothing in this sub rule shall preclude or prevent the awarding and the acceptance of an inexpensive, unmounted, unframed paper certificate of recognition as an award, or an inexpensive table favor which is given to everyone attending a banquet.
- Absolute prohibition on cash. At no time may any student accept an award of cash.
- Awards for participation in non-school programs. If a student participates in an outside school activity, the student may receive any award provided that the award does not violate the amateur award rule of the amateur sanctioning body for that sport. In the absence of an applicable amateur award rule, the student may not receive any award the value of which exceeds \$50.

Player Disqualification Rule

IHSAA Handbook pg. 13

- Any student-athlete at any level grades 7-12 who is ejected from an IHSAA sanctioned sport will be required to take the NFHS Coach Education/Certification Program elective course —Sportsmanship- It's Up to You.
- The course must be viewed prior to being able to return and participate in an interscholastic contest and the certificate of course completion must be sent to the IHSAA office. This mandate is in addition to missing the next regularly scheduled game/meet which is defined as the next scheduled, rescheduled, or contracted date. There is no cost for this course.

- It is the responsibility of the game/meet official to report any disqualifications to the IHSAA the day following the game/meet. If the game/meet is held Friday or Saturday, the report should be made the Monday following.
- It is the coach's responsibility to inform his/her administrator of any disqualification(s). The administrator will file an official report form with the IHSAA.

Communication

- If a student-athlete has a disagreement with the coach she/he should follow our line of communication
 - 1st: Student to Coach
 - 2nd: Student, Parent to Coach
 - 3rd: Student, Parent to Coach and Activities Director
 - 4th: Student, Parent to Principal
 - 5th: Student, Parent to Superintendent

Activity Website

- To help facilitate our Activity programs we have a calendar that is in place and available from our school website.
- If you click on the Calendars tab on the home page, it will direct you to the "Activity Calendar" link. I would like to encourage you to use this website to print off schedules and see the latest updated information taking place in our Middle School and High School building.
- Another feature I would like to recommend that you use is the "Notify Me" feature that will send you an email, to multiple accounts if desired, when we have to reschedule an event, add an event or change a location of an event. This will be particularly useful when we get to the spring and summer time and weather causes havoc with our track, soccer, golf, baseball and softball schedules.
- Just go to the link and it will guide you through the process. If you have any questions or comments about the calendar feel free to contact Activities Director Tim Navara.

Follow the Treynor Cardinals on Twitter

If you would like to follow the scores and updates of Cardinal activities, follow TreynorNation (@TreynorNation) on Twitter.

Acknowledgement Form

I have received a copy of the Treynor Activities Department Student/Parent Guidebook and understand the policies and rules set forth for participation in activities at Treynor High School.

I understand that I (my student) must comply with the policies to remain eligible.

Student's Signature

Date

Parent's/Guardian's Signature

Date